

COUNCIL/CIR/2020
Date: 22nd April 2020

To: All Heads of Council affiliated Schools

Subject: FIT INDIA ACTIVE BREAK VIDEOS

Dear Principal,

This is further to the Council's circular to you dated 16th April 2020 regarding the Fit India Programme especially customized for the CISCE affiliated schools.

Please find below a link which has five videos. These may be viewed and utilized by our school students for their physical wellbeing.

<http://fitindia.gov.in/fit-india-active-breaks-for-cisce/>

This is for your information and necessary action in disseminating this to all stakeholders.

With warm regards,

Yours sincerely,

Gerry Arathoon
Chief Executive and Secretary